

## ELEMENTARY LUNCH MENU

## NO SCHOOL

## 8

Chicken Patty Sandwich
Cucumber -Tomato SALAD
Fruit \& Vegetable MiLK \& Juice

## 15

POPCORN CHICKEN GOLDEN CORN

FRUIT OR JUICE Milk \& JUice

22
Sloppy JoE
Garden Salad

FRUIT OR JUICE
Milk \& JUice

## 29

GENERAL TSO'S CHICKEN
Fried Rice BROCCOLI

FRuit \& Vegetable Milk \&JUICE

2


## 9

Pierogies PEAS \& CARROTS

FRUIT OR JUICE Milk \& JUICE


FRUIT OR JUICE Milk \& JUice

NO SCHOOL

## 30

FRENCH TOASt SAUSAGE

HASH BROWNS

FRUIT OR JUICE Milk \& JUice

4
Pancakes Sausage HASH BROWNS

Fruit or Juice MILK \& JUICE

## 11

Tacos REFRIED BEANS
 Milk \& JUice

## 18

PASTAWITH
MEAT SAUCE SALAD FRUIT OR JUICE MILK \& JUICE

## 25

Grilled Cheese SANDWICH TOMATO SOUP

FRUIT OR JUICE Milk \& JUice

## 5

Turkey \& Cheese WG Bun

FRENCH FRIES

FRUIT \& VEGETABLE MILK \& JUICE

## 12

CheEsy BREAD STICK
CAESAR SALAD

FRUIT OR JUICE MILK \& JUICE
19
Nacho Grande Refried Beans FRESH WG ROLL

FRUIT OR JUICE Milk \& JUice

## 26

Stuffed crust Pizza CaEsar Salad

Fruit \& Vegetable Milk \& JUice

LUNCH MEALS ARE FREE IF THE MINIMUM
COMPONENTS ARE TAKEN, THREE OF THE
FOLLOWING FIVE ITEMS MUST BE ON THE STUDENTS TRAY.
$\frac{\text { PROTEIN }}{\frac{\text { GRAIN }}{\text { MILK }}}$
VEGETABLE

ONE OF THE THREE MUST BE A FRUIT OR VEGETABLE.

IF THE MINIMUM
COMPONENTS ARE NOT TAKEN THE MEAL WILL BE CHARGED FULL PRICE

## SECOND MEALS <br> COST <br> $\$ 2.75$

PLEASE BE ADVISED
THAT ALA CARTE
ENTREES ARE $\$ 1.90$

Fresh Vegetables

FRESH AND CANNED FRUIT

ASSORTED
MILKS

ALL MEALS INCLUDE 8OZ UNFLAVORED LOW-FAT (1\%)
OR UNFLAVORED FAT FREE (SKIM) MILK

ALL GRAIN ITEMS ARE WHOLE GRAIN RICH, 51\% OR MORE WHOLE GRAIN RICH

